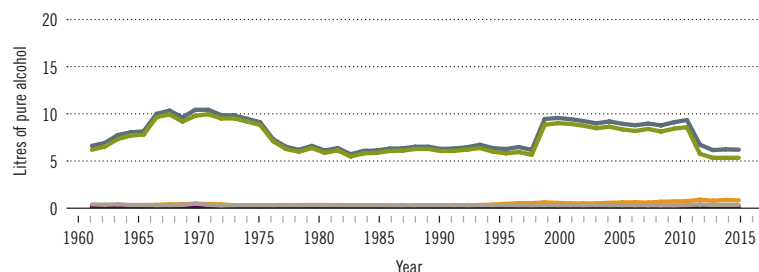


# Uganda

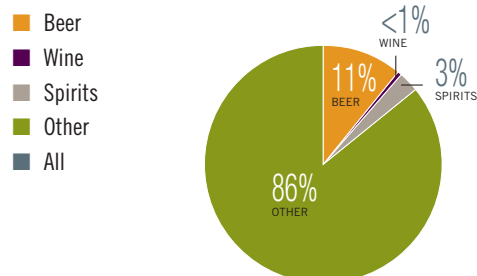
Total population (2016): 40 322 768 ▶ Population aged 15 years and older (15+): 52% ▶ Population in urban areas: 17% ▶ Income group (World Bank): Low income

## ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2016



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2016 or latest year available



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	2010*	2016*
Recorded	11.3	7.6
Unrecorded	2.0	1.8
<b>Total**</b>	<b>13.2</b>	<b>9.5</b>
Total males / females	21.9   4.7	16.1   3.0
WHO African Region	6.3	6.3

\* Three-year averages of recorded and unrecorded for 2009–2011 and 2015–2017; \*\*adjusted for tourist consumption.

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2016

	Litres
Males (15+)	32.7
Females (15+)	12.5
Both sexes (15+)	26.0

Prevalence of heavy episodic drinking\* (%), 2016

	Population (15+ years)	Drinkers only (15+ years)	Population (15–19 years)	Drinkers only (15–19 years)
Males	33.8	68.8	23.8	71.3
Females	7.8	32.6	4.7	34.7
Both sexes	20.7	56.9	14.3	60.7

\* Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2016

	Males	Females	Both sexes
Lifetime abstainers (15+)	32.5	62.0	47.4
Former drinkers* (15+)	18.3	14.2	16.3
Abstainers (15+), past 12 months	50.9	76.2	63.7

\* Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

## HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2016

	ASDR*		AAF (%)		AAD** (Number)
Liver cirrhosis, males / females	44.0	30.9	70.4	47.2	2 861
Road traffic injuries, males / females	74.9	27.2	37.0	24.3	3 900
Cancer, males / females	285.4	184.2	8.4	3.1	1 514

\* Per 100 000 population (15+); \*\*alcohol-attributable deaths, both sexes.

Years of life lost (YLL) score\*, 2016

LEAST < 1 2 3 4 **5** > MOST

\* Based on alcohol-attributable years of life lost.

Prevalence of alcohol use disorders and alcohol dependence (%), 2016\*

	Alcohol use disorders**	Alcohol dependence
Males	12.4	4.2
Females	1.9	0.7
Both sexes	7.1	2.5
WHO African Region	3.7	1.3

\* 12-month prevalence estimates (15+); \*\*including alcohol dependence and harmful use of alcohol.

## POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	<b>No / —</b>
Excise tax on beer / wine / spirits	<b>Yes / Yes / Yes</b>
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	<b>18 / 18 / 18</b>
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	<b>18 / 18 / 18</b>
Restrictions on on-/off-premise sales of alcoholic beverages (any): Hours, days / places, density Specific events / intoxicated persons / petrol stations	<b>Yes, No / No, No No / No / No</b>

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	<b>0.08 / 0.08 / 0.08</b>
Legally binding regulations on alcohol advertising / product placement (any)	<b>No / No</b>
Legally binding regulations on alcohol sponsorship / sales promotion (any)	<b>No / No</b>
Legally required health warning labels on alcohol advertisements / containers (any)	<b>No / No</b>
National government support for community action (any)	<b>No</b>
National monitoring system(s) (any)	<b>No</b>